

USAG T&T TEAM

USA Gymnastics organization for Trampoline and Tumbling

*Subject to change-Trey has a **TENTATIVE** schedule for USAG Meets. Please be advised that these meets can change as many are still not set by USAG for dates and locations.

Overview & Purpose

To educate parents and athletes what USAG is, compare similarities and differences between USAG and USTA, expectations, obligations and costs.

Obligations (2024-2025)

1. Attend 3 practices per week (two USTA and one USAG_
2. Participate in **ALL** local, state, regional, and national meets.
3. **100% meet attendance is expected. When there is a conflict between USAG and USTA meets, USAG Elite Athletes will attend USAG and Level 10 and below will attend USTA meets. As of now (7/31/24) we know of two conflicts. USAG Regionals conflicts with USTA Southern IL state. Both nationals conflict.**
4. Athletes must participate in any training sessions or warmups prior to competition times at meets that our team is doing.
5. It is expected that ALL athletes and parents conduct themselves in a professional manner. No gossip, overstepping boundaries, negative behaviors, etc will be tolerated.

Costs (estimated based on 2023)

1. 1 Extra practice per week- \$
2. USAG Athlete membership- Pay on your own
3. USAG Member fee ~\$200
4. Competition registration fees-Local and State (~\$80-100) Regional (~\$135), National (~\$160)
5. Coaches meet expenses and fees-Based on athlete participation, location, travel, etc. -Local, State, Regional (~\$80-\$100/athlete) Elite Mobility and Nationals (~\$325 per athlete)
6. Illinois State funding donation for wags/worlds (~\$40-\$60/each)

Tentative USAG Meet Schedule

November 17 th	Kris' In House	Shelbyville, IL
January 12 th	Phoenix Elite	Mattoon, IL
January 17-20	Ozone Invite	Knoxville, TN
January 24 th – 26 th	M&M Challenge	New Berlin, WI
March 6-9	Winter Classic	Battle Creek, MI
March 14-17	NT Camp	Sami and Micah Only
April 5-6	USAG State	Galesburg, IL
April 25-27	USAG Regionals	Illinois
May 8-10	Elite Challenge	TBD
June 16-21	USA Gym Champs	TBD